



## Have You Ever Prayed and Meant It? (Paperback)

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By Capt Phil Gay

Createspace, United States, 2012. Paperback. Book Condition: New. 216 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Philip D. Gay Jr. has ancestors that were some of the first settlers when Southampton, Long Island, New York was founded in 1640. Beginning as a teenager, Philip D. Gay Jr. took to hard drinking. By the time he graduated high school, he was deep in the throes of alcoholism. As he struggled with his alcoholism, he found little solace in his family. His mother was narcissistic and bitter while his father and brother struggled with addiction as well. In his memoir, Gay shows the long path he followed out of alcoholism. With sobriety gained, he was able to master pursuits that he once thought beyond his reach. He became a Ace at deep sea fishing and found himself with a profitable catering business in the Hamptons serving A list clients like Aretha Franklin and Rudi Giuliani. A recovering addict and alcoholic for over thirty years, the author decided to share his story to inspire others who have battled with addiction. His story of being raised in a dysfunctional family and turning to drink for escape will resonate....



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