



Sentenced to Hospital! (Paperback)

By Abdul O Odemuyiwa M D

Abdulode, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Every new car comes with an owner's manual telling us how to operate the vehicle, and with a service handbook to let us know when it's time to check the tire pressure and so on, depending on the mileage. At last, now we have an equally essential reference book and guide for another precious commodity: our very own bodies. As our cars age, we see to the ongoing maintenance, tests, and repairs that are necessary for optimal performance, but very few of us look after ourselves in the same way. Questions such as, What is a colonoscopy? or When do we need one? are often met with blank stares, or else dismissed. Why bother with such procedures when we're in seemingly good health? And yet, as a preventative measure, we routinely take our cars in for an oil change, even when they appear to be running smoothly. Unlike cars, however, our bodies rarely offer warning signs when something is amiss, which means we must make a conscious effort when it comes to taking the right...

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