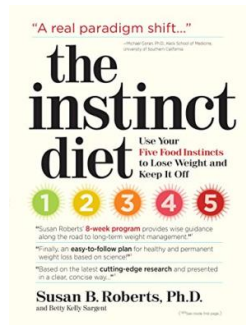


The Instinct Diet: Use Your Five Food Instincts to Lose Weight and Keep it Off



Book Review

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