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## iCare Extra Forms Extra forms for iCare Stress Management Training for Dementia Caregivers

By Inc. Photozig

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 88 pages. Dimensions: 10.0in. x 8.0in. x 0.2in. Extra Forms for the iCare educational program for helping caregivers of individuals with dementia or memory loss to overcome stressful situations in their caregiver role. This publication contains 3 extra copies of the 12 key forms for the iCare program (related materials include: iCare DVD, iCare HandBook, and iCare Express). The iCare training was specifically created for caregivers of individuals with dementia or memory loss. This comprehensive program demonstrates the skills on how to cope with caregiving, reduce related distress, and improve the quality of life of caregivers and loved ones. This informative program was developed by Photozig, Inc. in collaboration with Stanford University, Alzheimers Association, and other organizations. The iCare project was funded by the National Institute on Aging (part of the National Institutes of Health). iCare Extra Forms Content: My Action Plan Form (6x) My Thought Record Form (3x) Pleasant Activities Log (3x) The Nuts and Bolts of Pleasant Activities Form (3x) The Nuts and Bolts of Pleasant Activities Form (For My Loved One and Me) (3x) Pleasant Activities Log for My Loved One and Me...



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