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Life Liberty and the Pursuit of (Hardback)

By Dean Md Edell

HarperCollins Publishers Inc, United States, 2004. Hardback. Book Condition: New. 239 x 157 mm. Language: English . Brand New Book. Dr. Dean Edell is your guide through the media hype, direct to the bottom line. Whether you're interested in advice on sex health, arthritis, or how to spot medical myths, you will see why millions of Americans have come to revere Dr. Dean. His refreshingly candid health talk on radio and television, and in the bestselling Eat, Drink, and Be Merry, is just like Grandma's advice: practical and enlivened with a strong dose of opinion. Life, Liberty, and the Pursuit of Healthiness is a comprehensive medical resource for the whole family, applying Dr. Dean's practical health philosophies to today's most pressing health topics -- from attention deficit hyper-activity disorder to obesity, depression, and the effectiveness of alternative medicines. This book features more than 500 questions and answers from Dr. Dean's popular radio show, plus quizzes, symptom checklists, Web links, and recommended reading. You'll also find plenty of often-surprising facts, debunked truths, and critical details from the latest medical research. This is the book you'll want on your nightstand, for your family's good health....



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