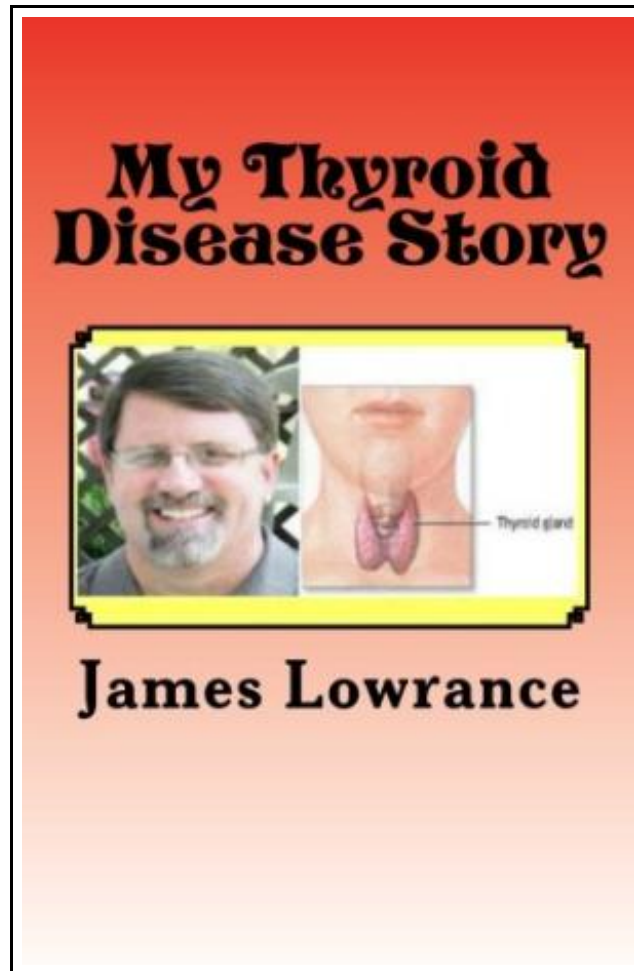


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Createspace, United States, 2011. Paperback. Book Condition: New. Large Print. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.This is my personal story regarding symptoms, diagnosis and treatment for autoimmune hypothyroidism caused by Hashimoto s thyroiditis, Chronic Fatigue Syndrome, Adrenal Fatigue and other metabolic-related conditions that developed co-morbid to my thyroid disease. I also share information regarding my symptom-struggles including emotional aspects and about my difficulties in finding a doctor experienced in treating thyroid disease with related conditions attached to it. I also include a chapter about my reason for becoming a Thyroid Patient Advocate and about the growing importance for public education on thyroid diseases. It is my hope that my story will inspire other patients to become proactive in obtaining quality care for their health disorders and to partner with their doctors to achieve this. I also hope this book will serve to inspire patients with difficult thyroid disease cases, to achieve coping skills for gaining a better quality-of-life. This book is not intended to be an extensive manual but is intended to contain information most often sought by laypersons on the subject. Please note the number of pages listed and for an approximate word-count, see the ebook version description for this same title (Thank You - the Author). CONTENTS (5 Chapters - approx. 6,663 words in length): CHAPTER ONE: My Thyroid Story in a Nutshell CHAPTER TWO: The Association of Epstein-Barr Virus to Autoimmune Thyroid Disease CHAPTER THREE: Emotional aspects I ve experienced with my Health Disorders CHAPTER FOUR: My co-occurring (related) Conditions CHAPTER FIVE: Why I became a Thyroid Patient Advocate.

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